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**4 DAYS 3 NIGHTS
HEALING JOURNEY**



About Us

Doctor Traveler India Holidays – Dr.Traveler – DTI Holidays is more than just a travel company – we are pioneers reshaping the very essence of premium, responsible, and community-driven tourism across India and beyond.

Founded and led by accomplished **Doctors and Visionary Entrepreneurs**, our brand stands firmly on the pillars of Integrity, Professionalism, and Heartfelt Care – values we uphold in every journey we craft for our travelers.



Travel Heals. We Prescribe it Right

Our Mission

- Operate across 5000+ destinations in India and abroad.
- Build a world-class premium resort brand.
- Create transformational travel experiences that connect people, nature, and communities.

Our Philosophy – Travel as Healing

At Dr. Traveler, **we believe that travel is a form of healing.**

Each journey has the power to calm the mind, uplift the spirit, and bring balance to life. Guided by this belief, **we curate every experience with care and purpose, ensuring every moment rejuvenates you from within.**

Our Promise

At Dr.Traveler we go beyond itineraries – we create journeys that transform, connect, and inspire. Every trip becomes a pathway to discovery, balance, and renewal. DTI Holidays – Where Every Journey Heals.

Extraordinary Service, Every Time

Travel is personal, and we treat it that way. Every itinerary is crafted for our selective premium clientele with deep attention to detail, luxury, and comfort.

Personalized & Professional Guidance

Our experienced team of travel professionals and doctors provides personalized planning, on-ground support, and real-time problem-solving for a flawless experience.

Situational Management & Contingency Planning

We don't just rely on Plan A – we always prepare Plan B and Plan C, ensuring peace of mind and smooth travel in every situation.

Medical Assistance Like No Other

As the first travel company to integrate medical expertise, we ensure your safety and wellness throughout your journey.

Research-Driven Experiences

Our dedicated in-house research team studies destinations, hospitality, and culture to deliver journeys that are both authentic and exceptional.

Selective Premium Clientele

We focus on serving a curated group of travelers, not the masses. Our approach is value-driven, not profit-driven – backed by strong, successful businesses across India.

Core Strengths

+91 6282632019 info@drtravelerholiday.com

INCLUSIONS



- 3/4 Star Property Accommodation in Manali.
- Rooms on a Quad Sharing Basis (Four Adults in One Room)
- Delhi – Manali – Delhi Semi-Sleeper Bus (Volvo / Scania or similar).
- All Local Transportation in Pushback Traveler
- 4 Days Sightseeing Traveler
- 4 Tea, Breakfasts and 3 Dinners (Both Veg & Non-Veg)
- All Parking, Tolls & Taxes
- All Primary Entry Tickets (Van Vihar)
- Campfire and Music Nights in Manali (Only For Groups > 20)
- 24×7 Hot and Cold Water in Manali
- Refillable drinking water available from the hotel.
- Exclusive Hidden Gem Access (Experiences missed by regular tourists)
- Tour Executive and Director Assistance
- 24×7 Helpline and Emergency Assistance & Coordination
- Basic First Aid.



PREMIUM UPGRADE OPTIONS

- Stay Upgrade to 4 Star Hotel or Resort
- Premium Transportation (Luxury Tempo Traveler or AC Coach)
- Buffet Breakfast & Dinner with Extended Menu Up to 15 Items
- Early Check-in / Late Check-out (Subject to Availability)
- 24×7 Priority Customer Support Line
- Sajla Waterfall Trek (Only for Groups above 20)
- Doctor on Call – Complimentary Consultation
- Free Emergency Medical Transportation

EXCLUSIONS

- Airfare / Rail Fares
- Snow Vehicle Expenses
- Adventure Activities
- Room Heaters
- Personal Expenses, Tips, Laundry, Phone Calls, Soft & Hard Drinks
- Additional Vehicles Apart from Those Already on Tour
- Extended Stay Due to Unforeseen Conditions
- Difference / Increase in Amount Due to Tax Rule Change / Fuel Price Increase / Any Other Government Regulations
- Any Cost Arising Due to Natural Calamities Like Landslides, Roadblocks, etc. (To be Borne by the Customer Directly)
- Anything Not Mentioned in Inclusions
- The tour package price includes all the services and benefits mentioned in the itinerary. Any additional services or expenses incurred by the customer during the tour are not included in the price and will be charged separately.

⚠️ COPYRIGHT NOTICE

- All itinerary details, descriptions, and content provided by Doctor Traveler India Holidays LLP are copyright protected.
- Any form of copying, reproduction, or imitation—whether partial or full of this itinerary or its contents without prior written consent will be considered a violation of intellectual property rights.
- Unauthorized use may lead to legal action and appropriate remedies under applicable copyright and trade laws.

DAY 00

ARRIVAL IN DELHI AND JOURNEY TO MANALI

MEALS: NONE

- 08:00 PM: Reach ISBT Kashmere Gate Volvo Bus Stand and complete boarding formalities for the overnight Semi-Sleeper Volvo bus journey to Manali.
- Begin your scenic overnight journey covering approximately 500 km, which usually takes around 12-13 hours depending on traffic and road conditions. The route passes through Haryana and Punjab highways, with scheduled short refreshment stops along the way. Relax in comfortable semi-sleeper seats and enjoy the night ride towards the beautiful Himalayan town of Manali.



DAY 01

LOCAL MANALI CULTURAL IMMERSION

MEALS: BREAKFAST & DINNER

- 10:00 AM: Arrive in Manali. Upon arrival, guests will be transferred to the hotel for breakfast and refreshments after the overnight journey.
- 11:30 AM – 12:30 PM: Complete the hotel check-in formalities, freshen up, and take some time to relax while adjusting to the pleasant mountain climate.
- 01:30 PM – 07:00 PM: Proceed for Manali local sightseeing, exploring some of the town's most famous attractions where nature, culture, and spirituality blend beautifully.
 - **Hadimba Temple:** Visit the ancient Hadimba Temple, dedicated to Hadimba Devi, the wife of Bhima from the Mahabharata. Marvel at its unique pagoda-style architecture, featuring four tiers of wooden roofs and intricate carvings.
 - **Van Vihar :** Stroll through Van Vihar, a picturesque public park located on the banks of the Beas River. Enjoy boating on the man-made lake, relax on benches, or let kids play in the designated area.
 - **Tibetan Monastery :** Explore the serene Tibetan Monastery, a Buddhist monastery showcasing the culture and art of Tibet. Discover its prayer hall, statue of Lord Buddha, and handicraft shop.
 - **Vashisht Temple & Vashisht Hot Springs:** Visit the famous Vashisht Temple known for its natural hot water springs believed to have healing properties. The village also offers beautiful views of the Beas Valley.
 - **Mall Road:** Take a leisurely walk along Mall Road, the main street in Manali, lined with shops, cafes, and restaurants.
- 07:30 PM: Return to hotel for Dinner
- 08:00 PM : After dinner, settle in for your overnight stay.

DAY 02

SOLANG VALLEY & ATAL TUNNEL EXCURSION

MEALS: BREAKFAST & DINNER

- 07:00 AM - Breakfast at the Hotel
- 07:00 AM - 05:00 PM: After breakfast, embark on a scenic full-day sightseeing tour covering Solang Valley, Atal Tunnel, Sissu Lake, and Sissu Waterfall - a perfect blend of adventure, nature, and Himalayan beauty. Enjoy breathtaking views of snow-capped peaks, glacial streams, and charming mountain landscapes throughout the day.
 - **Solang Valley:** Solang Valley: A valley located between Beas Kund and Solang village. It is known for hosting various adventure sports like paragliding, zorbing, skiing, and ropeway rides. It also offers stunning views of the glaciers and surrounding peaks.
 - **Atal Tunnel :** A high mountain tunnel that connects Manali with the Lahaul and Spiti valleys. It is the world's longest highway tunnel above 10,000 feet, reducing travel time and distance between Manali and Leh by about 4 hours and 46 km respectively.
 - **Koksar:** After crossing the Atal Tunnel, reach Koksar, the first village of Lahaul Valley, known for its dramatic mountain landscapes, river streams, and beautiful Himalayan scenery.
 - **Sissu:** Continue towards the charming Himalayan village of Sissu, famous for its serene environment and dramatic mountain backdrops. Visit Sissu Lake, a peaceful lake surrounded by snow-capped peaks, and witness the beautiful Sissu Waterfall, a spectacular waterfall cascading down steep mountain cliffs, creating one of the most scenic viewpoints in Lahaul Valley.
- 06:00 PM--07:00 PM: Return to Hotel for Dinner & Bonfire
- 09:00 PM : After dinner, settle in for your overnight stay in Manali.



DAY 03

KULLU, NAGGAR & HIDDEN GEMS EXPLORATION

MEALS: BREAKFAST & DINNER

- 07:00 AM: After breakfast, check out from the hotel and set off for a full-day exploration of the scenic Kullu Valley, nestled along the Beas River and celebrated for its apple orchards, ancient temples, and vibrant local handicrafts.
- 08:00 AM – 05:30 PM: -Enjoy a full-day Sightseeing of Kullu Valley,
 - **Kullu Valley** – Begin your day at Kullu, the “Valley of Gods,” famous for its lush green hills, crystal-clear rivers, and traditional Himachali culture. Visit attractions like Raghunath Temple, Bijli Mahadev Temple, and Basheshwar Mahadev Temple, each showcasing beautiful Himalayan architecture and deep spiritual significance.
 - **Adventure Activities** – At Babeli or Pirdi, thrill seekers can indulge in exciting activities such as white-water rafting, ziplining, or rock climbing along the Beas River.
 - **Dhobi & Babeli**: Next, head to Dhobi and Babeli where you can indulge in adventure activities like paragliding and river rafting.
 - **Naggar Village**: After Kullu, drive to Naggar, a picturesque village that was once the capital of Kullu. Visit the Naggar Castle, a 15th-century stone and wood structure that offers a panoramic view of the valley.
 - **Sajla Waterfall (Subject to time)**: The waterfall pours unexpectedly from a clump of boulders, forming a tiny pool. You can take a refreshing bath or swim in the clear water.
 - **Soyal (Soil) Village** (Also spelled as Soil): Located 14 kilometers from Manali, Soyal Village is a hidden gem. Glacier water streams form a valley here, surrounded by mountains.
- 05:30 PM--06:30 PM: Proceed towards Kasol Camp side. Enjoy the scenic drive through pine forests and river views.
- 07:00 PM--08:00 PM: Dinner and overnight stay in Kasol, with leisure time to relax amidst the calm riverside atmosphere.

DAY 04

KASOL, MANIKARAN & CHALAL VILLAGE EXCURSION

MEALS: BREAKFAST

- 07:00 AM : After breakfast, check out from the Camp and proceed for a full-day excursion through the scenic landscapes of Manikaran, Kasol, and Chalal Village, offering a perfect blend of spirituality, relaxed exploration, and nature's charm.
- 08:00 AM - 06:00 PM: Enjoy a full-day sightseeing excursion covering Manikaran & Kasol.
 - **Kasol:** A serene and laid-back village in Parvati Valley known for its pine forests, riverside cafés, and backpacker culture. Enjoy a walk along the Parvati River, explore the vibrant Kasol Market, and relax in the peaceful mountain atmosphere.
 - **Chalal:** A short scenic walk from Kasol leads to this charming village known for its tranquil surroundings, wooden houses, and beautiful forest trails.
 - **Manikaran Sahib Gurudwara:** A revered pilgrimage site for both Sikhs and Hindus, located along the banks of the Parvati River. The Manikaran Sahib Gurudwara is known for its peaceful atmosphere, langar (community kitchen), and natural hot springs that flow beside it.
 - **Manikaran Hot Springs** - Adjacent to the Gurudwara, the natural hot springs are believed to have medicinal and healing properties.
- 08:30 PM : Start your return journey to Delhi (approx. 540 km / 14 hours).



DAY 00

ARRIVE IN DELHI & RETURN JOURNEY

MEALS: NONE

- 08:00 AM: Arrive at ISBT Kashmere Gate Volvo Stand, marking the completion of the trip with drop-off at the bus terminal.
- Sufficient buffer time available before departure. Guests may relax, freshen up, from Railway Station.

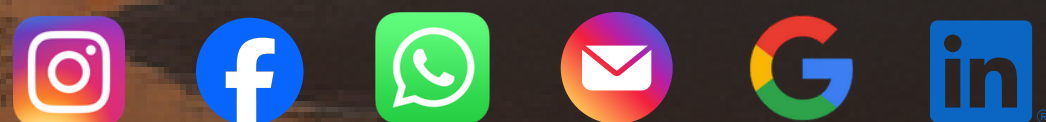
The mountain journey comes to a close, leaving behind beautiful memories.



CANCELLATION POLICY

- 30% cancellation charges if cancelled before 30 days before the tour.
- 45% cancellation charges if cancelled within 20 days before the tour.
- 70% cancellation charges if cancelled within 10 days before the tour.
- No refund for tour starting within 10 days of tour or after starting or middle of the tour.
- No Show 100% of tour cost.
- During High Peak Season period, Hotels Specific Cancellation Policies will be applicable. In these cases, the hotels may not refund any amount if the booking is cancelled after issuance of Hotel Voucher.

Adventure awaits – pack your dreams and let the journey begin.



FOR BOOKINGS & ENQUIRIES:

+91 6282 63 2019

info@drtravelerholiday.com
www.drtravelerholiday.com

 @dr_traveler.in



Travel Heals. We Prescribe it Right

Thank You for Choosing Dr. Traveler

At Dr. Traveler, we believe every journey should heal, inspire, and change your perspective. We do not just plan trips – we craft transformational experiences that blend comfort, safety, and care. Thank you for trusting us to be part of your travel story. **We wish you an extraordinary travel experience, filled with joy, discovery, and memories that last a lifetime.** Wherever your next adventure takes you, may it continue to heal, inspire, and broaden your horizons.

