

PREMIUM HERITAGE EXPERIENCE

FLEXI ROUTE

Agra • Manali Kullu/Kasol • Delhi



9 Days & 8 Nights — Taj Mahal • Solang Valley • Kullu/Kasol •
Delhi Heritage

★ 4.9 Rated • 1,40,000+ Happy Travellers • Doctor-Led Travel Experts



9

DAYS



8

NIGHTS



10

MEALS



4

DESTINATIONS

DESTINATIONS & EXPERIENCES

Taj Mahal

Agra Fort

Hadimba Temple

Solang Valley

Atal Tunnel

Sissu Lake

Naggar Castle

Kasol & Chalal

Manikaran Sahib

India Gate

Qutub Minar

Lotus Temple

Travel Heals. We Prescribe It Right.

Dr. Traveler India Holidays is founded and led by accomplished doctors and visionary entrepreneurs, standing on the pillars of Integrity, Professionalism and Heartfelt Values. We believe every journey has the power to calm the mind, uplift the spirit and bring balance to life — with complete on-ground assistance, medical expertise and personalised guidance at every step.

JOURNEY ROUTE

KERALA

Departure Point



AGRA

Day 03



MANALI

Day 04 – 06



DELHI

Day 07



KERALA

Day 08 – 09

JOURNEY OVERVIEW

9 Days / 8 Nights Himalayan Heritage Experience

Complete day-by-day summary — Agra · Manali · Kasol · Delhi

COMPLETE JOURNEY OVERVIEW

01 Board Train & Start Journey Board the Kerala Express or Mangala Lakshadweep Express from Thiruvananthapuram/Ernakulam towards Agra. No meals	02 Continue Journey in Train A relaxed day onboard enjoying scenic North Indian rail routes with your group. No meals
03 Agra Arrival & Journey to Manali Taj Mahal & Agra Fort sightseeing, then overnight bus from Delhi to Manali. LUNCH · DINNER	04 Local Manali Cultural Immersion Hadimba Temple, Tibetan Monastery, Van Vihar, Vashisht Village & Mall Road. BREAKFAST · DINNER
05 Solang Valley, Atal Tunnel & Sissu Full-day excursion covering Solang Valley, Atal Tunnel, Sissu Lake & Waterfall. BREAKFAST · DINNER	06 Kullu & Naggar / Kullu & Kasol Choose your route, then overnight Volvo departs for Delhi at 8–9 PM. BREAKFAST · DINNER
07 Delhi Sightseeing & Return India Gate, Lotus Temple, Qutub Minar and a full day of Delhi heritage. BREAKFAST · LUNCH	08 Train Journey Relax onboard as you head back towards Kerala. No meals
09 Arrival in Kerala Train reaches Ernakulam at 4:00 PM and Thiruvananthapuram at 9:00 PM. No meals	

DID YOU KNOW? — DESTINATION HIGHLIGHTS

AGRA — CITY OF LOVE Home to the Taj Mahal, a UNESCO World Heritage Site and one of the Seven Wonders of the World, built by Shah Jahan.	ATAL TUNNEL — ENGINEERING MARVEL The world's longest highway tunnel above 10,000 feet, cutting travel time between Manali and Leh by nearly 5 hours.	KASOL — MINI ISRAEL OF INDIA A laid-back riverside village in the Parvati Valley, loved by trekkers and backpackers for its bohemian cafe culture.
MANIKARAN — SACRED HOT SPRINGS A revered pilgrimage site for Sikhs and Hindus alike, famous for its natural hot springs believed to have healing properties.	DELHI — CAPITAL OF CONTRASTS From the 12th-century Qutub Minar to the lotus-shaped Bahá'í Temple, Delhi blends centuries of heritage.	PERMITS & ASSISTANCE Dr. Traveler India manages tickets, transfers and on-ground coordination so you can focus on the experience.

DAY 01

Board Train & Start Journey to Agra

Onward Rail Journey — Thiruvananthapuram / Ernakulam to Agra

MEALS No meals included today

DAILY SCHEDULE

DEPARTURE	Board Your Train Board the Kerala Express (12625/12626) from Thiruvananthapuram or Ernakulam, or the Mangala Lakshadweep Express (12617/12618), and settle in for a comfortable journey to Agra.
ALL DAY	Onboard Journey Relax, enjoy the ever-changing landscapes along the route, and get ready for an exciting North India experience ahead.

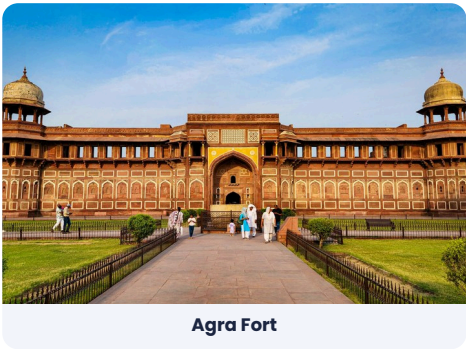
DAY 01 HIGHLIGHTS

TRANSFER  Kerala Express / Mangala Lakshadweep Express Comfortable AC train from Thiruvananthapuram or Ernakulam covering the scenic route to Agra.	SCENIC  Changing Landscapes Watch the terrain transform from coastal Kerala to the North Indian plains.	OVERNIGHT  Onboard Rest Settle into your berth for a comfortable overnight leg of the journey.
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TRAVEL TIPS — DAY 01

- Carry valid ID proof and ticket copies for the entire train journey.
- Boarding point depends on your chosen train — confirm your station and PNR with your coordinator.
- Pack snacks, water and entertainment for the long ride.

A GLIMPSE OF AGRA AHEAD



DAY 02

Continue Journey in Train

Onward Rail Journey — Scenic North Indian Rail Routes

MEALS *No meals included today*

DAILY SCHEDULE

ALL DAY

Onboard the Train

Continue your train journey. Spend the day enjoying the scenic North Indian rail routes, playing games, or engaging in light activities with your group.

SAFETY

Important Safety Guidelines

Do not get down at any station without informing the coordinator. For any assistance, call 139 — RPF will respond within minutes. Any inconvenience can be reported instantly via the Rail Madad portal.

DAY 02 HIGHLIGHTS

ACTIVITY

✦ Group Bonding

Enjoy games, conversations and light activities with fellow travellers onboard.

SCENIC

🏞 North Indian Rail Routes

Watch scenic countryside roll by as the train heads towards Agra.

SAFETY

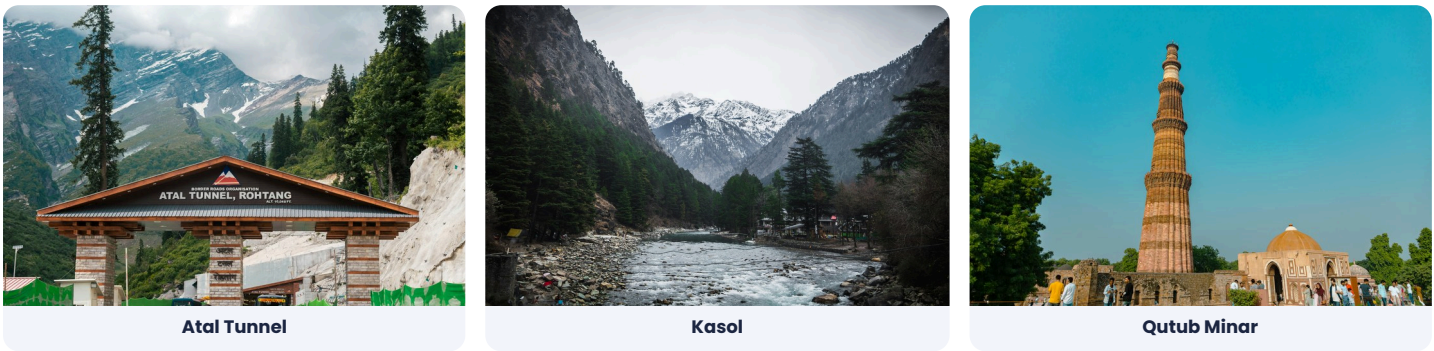
🛡 24x7 Onboard Assistance

RPF helpline 139 and Rail Madad are available throughout the journey.

TRAVEL TIPS — DAY 02

- Do not get down at any station without informing your tour coordinator.
- For any onboard issue, dial 139 to reach RPF instantly.
- File any complaint for instant resolution via the Rail Madad app.

THE HIMALAYAS & BEYOND AWAIT



DAY 03

Agra Arrival, Sightseeing & Journey to Manali

Agra Sightseeing Tour — City of Love, then Overnight Bus to Manali

MEALS

LUNCH

DINNER

DAILY SCHEDULE

11:00 AM	Arrival & Freshen Up Arrive at Agra and transfer to the hotel for freshen-up and lunch.
2:00 PM	Agra Sightseeing Tour Explore the Taj Mahal and Agra Fort, the city's timeless Mughal monuments, plus the optional Meena Bazaar.
4:00 PM	Depart for Delhi Begin the road journey towards Delhi.
9:00 PM	Dinner in Delhi Arrive in Delhi and enjoy dinner at a hotel or restaurant.
10:00 PM	Overnight Bus to Manali Transfer to ISBT to board the overnight semi-sleeper bus to Manali.

AGRA — DAY 03 HIGHLIGHTS

HERITAGE  Taj Mahal UNESCO World Heritage Site built by Shah Jahan as a tribute to Mumtaz Mahal.	HERITAGE  Agra Fort Majestic red sandstone fort representing the might of the Mughal Empire.	SHOPPING  Meena Bazaar (Optional) One of Agra's oldest markets, known for jewelry, fabrics & handicrafts.
TRANSFER  Agra to Delhi Road journey connecting Agra to Delhi ahead of the onward bus to Manali.	DINING  Dinner in Delhi A hearty dinner stop before boarding the overnight bus.	OVERNIGHT  Overnight Bus to Manali Semi-sleeper Volvo/Scania bus for a comfortable overnight ride to the mountains.

TRAVEL TIPS — DAY 03

- Keep freshen-up time minimal in Agra as fog may delay the Agra–Delhi expressway.
- Carry ID proof for hotel check-in and monument entry.
- If the train is delayed by 2+ hours, the itinerary will be adjusted to stay on schedule.

DAY 04

Local Manali Cultural Immersion

Manali Sightseeing Tour — Spirituality, Culture & Natural Beauty

MEALS

BREAKFAST

DINNER

DAILY SCHEDULE

8:00 AM	Arrival in Manali Transfer to the hotel, enjoy breakfast, and take time to rest and acclimatize to the cool mountain climate.
11:00 AM	Hotel Check-In Check in to the hotel and get ready for half-day Manali sightseeing.
1:00 PM	Local Sightseeing Visit Hadimba Temple, Tibetan Monastery, Van Vihar, Vashisht Village and Mall Road.
8:00 PM	Dinner & Overnight Stay After dinner, settle in for your overnight stay in Manali.

MANALI — DAY 04 HIGHLIGHTS

HERITAGE  Hadimba Temple Ancient pagoda-style temple dedicated to Hadimba Devi, wife of Bhima.	CULTURE  Tibetan Monastery Serene Buddhist monastery showcasing Tibetan prayer halls, art and handicrafts.	SCENIC  Van Vihar Picturesque park on the banks of the Beas River, with boating and green lawns.
WELLNESS  Vashisht Village Charming village famous for natural hot springs with medicinal properties.	SHOPPING  Mall Road Manali's lively main street lined with shops, cafes and restaurants.	ADVENTURE  Jogini Waterfall Trek (Optional) Scenic short trek from Vashisht Village to cascading falls, only for groups.

TRAVEL TIPS — DAY 04

- Take it easy on arrival day to acclimatize to the higher altitude.
- Carry a light jacket — evenings in Manali turn cool quickly.
- The Jogini Waterfall trek is available only for larger groups.

DAY 05

Solang Valley, Atal Tunnel & Sissu Excursion

Full-Day Excursion (Sissu Route) — Sissu Lake & Waterfall, Adventure, Nature & Himalayan Beauty

MEALS

BREAKFAST

DINNER

DAILY SCHEDULE

7:00 AM	Breakfast at the Hotel Start the day with breakfast before setting out.
7:00 AM	Full-Day Sightseeing Scenic tour covering Solang Valley, Atal Tunnel, Sissu Lake and Sissu Waterfall — snow-capped peaks, glacial streams and mountain landscapes all day.
6:00 PM	Campfire & DJ Night Return to the hotel for a campfire evening (for groups above 20).
EVENING	Dinner & Overnight Stay Dinner and overnight stay in your Manali hotel.

MANALI — DAY 05 HIGHLIGHTS

ADVENTURE  Solang Valley Adventure hub for paragliding, zorbing, skiing and ropeway rides.	HERITAGE  Atal Tunnel World's longest highway tunnel above 10,000 feet, linking Manali to Lahaul-Spiti.	SCENIC  Sissu Lake & Waterfall Serene glacial lake and majestic waterfall fed by melting glaciers, also known as Khagling Lake.
SCENIC  Koksar A quiet Himalayan village beyond the tunnel, known for snowfields, cafes and panoramic winter scenery.	ACTIVITY  Campfire & DJ Night Evening bonfire and music for groups above 20.	OVERNIGHT  Dinner & Stay Comfortable overnight stay at your Manali hotel.

TRAVEL TIPS — DAY 05

- Solang Valley & Atal Tunnel are included in every plan; from there, **please choose either the Sissu Route (Lake & Waterfall) or the Koksar Route** with your coordinator, subject to weather and BRO clearance.
- Dress in warm layers — temperatures drop sharply near the tunnel.
- Carry a power bank, network can be patchy in the higher reaches.

DAY 06

Kullu & Naggar / Kullu & Kasol — Choose Your Route

Kullu Valley Tour — Two Route Options, Then Overnight Volvo to Delhi

MEALS

BREAKFAST

DINNER

DAILY SCHEDULE

7:00 AM	Check-Out & Departure After breakfast, check out and set off to explore Kullu Valley.
ALL DAY	Choose Your Route On Day 06, you can choose between the Kullu & Naggar Route or the Kullu & Kasol Route — your itinerary for the day will be modified accordingly based on your choice. Full details for each route are given on the following two pages.
EVENING	Dinner Before Departure Return for dinner before heading to the Volvo boarding point.
8:00 PM – 9:00 PM	Overnight Volvo to Delhi After dinner, transfer to the Volvo boarding point and board your overnight Volvo coach to Delhi.

CHOOSE YOUR DAY 06 ROUTE

OPTION A Kullu & Naggar Route Raghunath Temple — Kullu's revered cultural landmark. Dhobi & Babeli — Popular spot for paragliding and river rafting. Naggar Castle — 15th-century stone-and-wood castle with panoramic valley views. Sajla Waterfall — Hidden waterfall pouring from a boulder clump, perfect for a dip. Soyal Village — Hidden gem valley formed by glacier streams, 14 km from Manali.	OPTION B Kullu & Kasol Route Raghunath Temple — Kullu's revered cultural landmark. Kullu Valley Shopping — Famous for woollen shawls and local handicrafts. Kasol Village — Laid-back riverside village with a bohemian cafe culture. Chalal Riverside Walk (Optional) — Scenic walk along the Parvati River. Manikaran Sahib Gurudwara (Optional) — Revered pilgrimage site with natural hot springs.
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TRAVEL TIPS — DAY 06

- Let your coordinator know which route (Naggar or Kasol) you'd prefer before departure.
- Wear comfortable footwear — both routes cover multiple stops.
- Pack an overnight bag separately for the Volvo journey to Delhi.

DAY 06

Option A — Kullu & Naggar Route

Kullu Valley Tour — Temples, Adventure & Naggar Castle

MEALS BREAKFAST DINNER

DAILY SCHEDULE

7:00 AM	Check-Out & Departure After breakfast, check out and set off to explore the scenic Kullu Valley via the Naggar route.
8:00 AM	Kullu & Naggar Sightseeing Visit Raghunath Temple, then head to Dhobi & Babeli for optional adventure activities, followed by Naggar Castle, Sajla Waterfall and Soyal Village.
EVENING	Dinner Before Departure Return for dinner before heading to the Volvo boarding point.
8:00 PM – 9:00 PM	Overnight Volvo to Delhi After dinner, transfer to the Volvo boarding point and board your overnight Volvo coach to Delhi.

KULLU & NAGGAR — OPTION A HIGHLIGHTS

HERITAGE  Raghunath Temple Revered temple and the cultural heart of Kullu Valley.	ADVENTURE  Dhobi & Babeli Popular spot for paragliding and river rafting.	HERITAGE  Naggar Castle 15th-century stone-and-wood castle with panoramic valley views.
SCENIC  Sajla Waterfall Hidden waterfall pouring from a boulder clump, perfect for a refreshing dip.	SCENIC  Soyal Village Hidden gem valley formed by glacier streams, 14 km from Manali.	OVERNIGHT  Overnight Volvo to Delhi Comfortable overnight coach journey to Delhi after dinner.

TRAVEL TIPS — DAY 06

- Wear comfortable footwear — the Naggar route covers multiple stops.
- Keep cash handy for shopping in local markets.
- Pack an overnight bag separately for the Volvo journey to Delhi.

DAY 06

Option B — Kullu & Kasol Route

Parvati Valley Tour — Nature, Spirituality & Local Culture

MEALS BREAKFAST DINNER

DAILY SCHEDULE

7:00 AM	Check-Out & Departure After breakfast, check out and set off to explore Kullu Valley via the Kasol route.
8:00 AM	Kullu & Parvati Valley Sightseeing Visit Raghunath Temple and browse Kullu Valley shopping, then continue to Kasol Village, the optional Chalal riverside walk, and the optional Manikaran Sahib Gurudwara with its natural hot springs.
EVENING	Dinner Before Departure Return for dinner before heading to the Volvo boarding point.
8:00 PM – 9:00 PM	Overnight Volvo to Delhi After dinner, transfer to the Volvo boarding point and board your overnight Volvo coach to Delhi.

KULLU & KASOL — OPTION B HIGHLIGHTS

HERITAGE  Raghunath Temple Revered temple and the cultural heart of Kullu Valley.	SHOPPING  Kullu Valley Shopping Famous for woollen shawls and local handicrafts.	SCENIC  Kasol Village Laid-back riverside village with a bohemian cafe culture.
SCENIC  Chalal Riverside Walk (Optional) Scenic walk along the Parvati River lined with charming cafes.	SPIRITUAL  Manikaran Sahib Gurudwara (Optional) Revered pilgrimage site with a peaceful langar and natural hot springs.	OVERNIGHT  Overnight Volvo to Delhi Comfortable overnight coach journey to Delhi after dinner.

TRAVEL TIPS — DAY 06

- Wear comfortable shoes for the Chalal riverside walk.
- Respect the sanctity of Manikaran Gurudwara; cover your head inside.
- Pack an overnight bag separately for the Volvo journey to Delhi.

DAY 07

Delhi Sightseeing & Return Journey to Kerala

Delhi Sightseeing Tour — Where Timeless History Meets Modern Vibrance

MEALS

BREAKFAST

LUNCH

DAILY SCHEDULE

8:00 AM	Arrival in Delhi Arrive in Delhi and freshen up at the hotel.
9:00 AM	Delhi Sightseeing Full-day tour covering India Gate, Lotus Temple, Qutub Minar, Chandni Chowk/Sarojini Market, and Red Fort, Jama Masjid & Humayun's Tomb if time permits.
7:00 PM	Drop at Railway Station Transfer to Delhi Railway Station for your onward journey home.

DELHI — DAY 07 HIGHLIGHTS

HERITAGE  India Gate & War Memorial A tribute to Indian soldiers who sacrificed their lives in World War I.	SPIRITUAL  Lotus Temple Stunning lotus-shaped Bahá'í House of Worship, open to all faiths.	HERITAGE  Qutub Minar World's tallest brick minaret, built in the 12th century.
SHOPPING  Chandni Chowk / Sarojini Market Iconic shopping zones for street food, spices and trendy fashion.	HERITAGE  Red Fort (If Time Permits) UNESCO World Heritage Site symbolizing India's Mughal history.	HERITAGE  Jama Masjid & Humayun's Tomb (Optional) Among India's largest mosques and a Mughal garden-tomb, the inspiration for the Taj Mahal.

TRAVEL TIPS — DAY 07

- Some monuments are drive-past / photo stops depending on time availability.
- Carry a valid ID for the railway station drop and boarding.
- Wear comfortable footwear for a full day of walking.

DAY 08

Train Journey

Return Rail Journey — Heading Back to Kerala

MEALS *No meals included today*

DAILY SCHEDULE

ALL DAY

Onboard Journey

Relax and enjoy the train journey at your own comfort as you head back towards Kerala.

DAY 08 HIGHLIGHTS

TRANSFER

Homeward Bound

Comfortable rail journey carrying you back home.

SCENIC

Changing Landscapes

Watch the terrain shift from the plains back to coastal Kerala.

OVERNIGHT

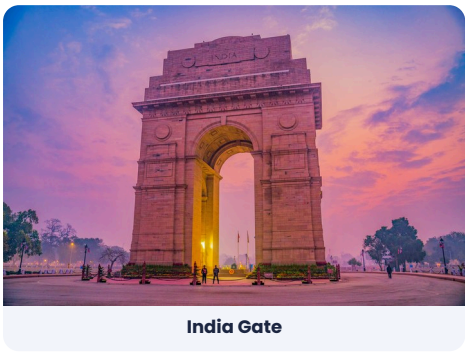
Restful Journey

Unwind onboard and relive memories of the Himalayas.

TRAVEL TIPS — DAY 08

- Keep your ticket and ID handy for TTE checks.
- Charge your devices and power banks in advance.
- Reach out to your coordinator for any onboard assistance.

RELIVE YOUR JOURNEY



DAY 09

Arrival in Kerala & End of Journey

Journey’s End — Ernakulam & Thiruvananthapuram Arrival

MEALS *No meals included today*

DAILY SCHEDULE

4:00 PM	Arrival in Ernakulam The train reaches Ernakulam at 4:00 PM.
9:00 PM	Arrival in Thiruvananthapuram The train reaches Thiruvananthapuram at 9:00 PM — journey concludes.

DAY 09 HIGHLIGHTS

SCENIC  Final Farewell Disembark with unforgettable memories of the Himalayas.	HERITAGE  Journey's End Nine days of heritage, culture and mountain magic come to a close.	SAFETY  Safe Return Head home rested and rejuvenated after your Himalayan escape.
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TRAVEL TIPS — DAY 09

- Collect all luggage and belongings before disembarking at your stop.
- Share your feedback and photos with the Dr. Traveler team.
- We hope the Himalayas treated you well!

PACKAGE DETAILS

Inclusions, Exclusions & Premium Upgrades

What's Included

- ✓ 3/4 Star premium property accommodation in Manali
- ✓ Rooms on a quad-sharing basis (four adults per room)
- ✓ Delhi – Manali – Delhi semi-sleeper bus (Volvo or Scania)
- ✓ 4 breakfasts, 2 lunches & 4 dinners (veg & non-veg)
- ✓ Pick-up & drop from railway station / airport
- ✓ All parking, tolls & taxes
- ✓ All primary entry tickets
- ✓ One bottle of water per day during sightseeing (Delhi & Agra)
- ✓ Campfire & music nights in Manali (for groups above 20)
- ✓ 24x7 hot & cold water, tour executive & helpline support
- ✓ Basic first aid & all hotel taxes included

What's Excluded

- ✗ Airfare / rail fares
- ✗ Snow vehicle expenses
- ✗ Room heaters
- ✗ Adventure activities
- ✗ Personal expenses, tips, laundry, phone calls, soft & hard drinks
- ✗ Additional vehicles apart from those already on tour
- ✗ Extended stay due to unforeseen conditions
- ✗ Fare/tax increase due to government regulation changes
- ✗ Costs arising from natural calamities (landslides, roadblocks, etc.)
- ✗ Anything not specifically mentioned in inclusions

PREMIUM UPGRADE OPTIONS



4-Star Stay Upgrade

Upgrade your accommodation to a 4-star hotel or resort, subject to availability.



Premium AC Coach

Travel in a premium air-conditioned coach for added comfort throughout.



Extended Buffet Menu

Buffet breakfast & dinner with an extended menu of up to 15 items.



Doctor on Call

Complimentary consultation and free emergency medical transportation.

* All add-on rates and upgrades are indicative and subject to change based on season and availability. The tour price includes only the services mentioned in the inclusions; additional services availed during the tour will be charged separately.

GOOD TO KNOW

Cancellation Policy

- 30% cancellation charges if cancelled before 30 days of the tour.
- 45% cancellation charges if cancelled within 20 days of the tour.
- 70% cancellation charges if cancelled within 10 days of the tour.
- No refund for cancellations within 10 days, or during/after the tour.
- No-show is charged 100% of the tour cost.
- During high peak season, hotel-specific cancellation policies apply and may be non-refundable once the hotel voucher is issued.

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Thank You for Choosing Dr. Traveler

At Dr. Traveler, we believe every journey should heal, inspire, and change your perspective. We do not just plan trips — we craft transformational experiences that blend comfort, safety, and care. **We wish you an extraordinary travel experience, filled with joy, discovery, and memories that last a lifetime.**

FOR BOOKINGS & ENQUIRIES

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